



## BD SUMHAC

Bleeding Disorders Substance Use &  
Mental Health Access Coalition

**People with bleeding disorders (BD) deserve equitable access to inpatient/residential substance use disorder and mental health treatment facilities.**

If you have thoughts of self-harm or suicide:

- Call 911
- Go to the closest emergency room
- Call/text 988 to contact the National Suicide & Crisis Life Line
- Text HOME to 741741 to contact the Crisis Text Line

Your bleeding disorder should not prevent you from getting the treatment you need.

**Talk with your provider about options to address your substance use or mental health concerns.**

If your provider recommends residential/inpatient mental health or substance use disorder treatment:

1. Contact your hemophilia treatment center (HTC) social worker or other BD provider(s).
2. Share the BD SUMHAC Provider Toolkit with your providers to help facilitate admission.



**HEMOPHILIA  
ALLIANCE**

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